



Diabetes Management Services

Philanthropic support from our community has helped fund the Morton Plant Mease Diabetes Education Center with a team of expert diabetes professionals who promote successful self-management behaviors to prevent the development of diabetes, as well as diabetes management to keep patients healthy. Community support has helped fund the following diabetes management services:

■ Diabetes Education Center

Did you know that approximately 26 million Americans have diabetes? Access to quality health care services and prevention measures, including patient education, are essential steps in saving lives, lowering medical care cost and reducing disability.

The Diabetes Education Center removes barriers to access and provides underserved individuals with a system of care through comprehensive diabetes self-management education and training services. These patient-centered services empowered nearly 200 individuals last year with the skills needed to successfully manage their disease.

■ Certified Diabetes Educators

The Diabetes Education Center's education team consists of Certified Diabetes Educators who are registered nurses and registered dietitians specially trained and skilled in helping people with diabetes understand the disease, and develop and achieve behavioral changes that, in turn, lead to better clinical outcomes and improved health status.

■ Gestational Diabetes Program

Expectant moms receive training on a glucose monitoring system, counseling on glucose management, nutritional therapy, breastfeeding awareness, postpartum diabetes screening and preconception planning.

■ Morton Plant Hospital — Turley Family Health Center Diabetes Project

This nationally recognized project helps 75 uninsured patients each year with diabetes who are treated at Morton Plant Hospital as inpatient or ER patients, but are unable to access follow-up care after discharge due to limited finances. Discharged patients who meet the program's criteria now have access to free medical care, supplies and medication at the Turley Family Health Center.